



Municipal Council Update

December, 2019

David Somppi

Chairperson Planet Youth Lanark County

Kevin Clouthier

Planet Youth Lanark County Steering
Committee



Planet Youth Lanark
County requests Smiths
Falls Town Council
support to further this
community-based youth
wellness change process
by:

- Participating in the ICSRA workshop in January 2020 to learn how to use the reports compiled from grade 10 youth questionnaire responses and;
- To partner in public meetings and media events that broadly communicates Planet Youth Lanark County



Public Health Agency of Canada Call to Action



Canada

“I’m calling upon all levels of government as well as nongovernmental, private, and philanthropic organizations across sectors – including public health, primary health care, social services, justice and education – to undertake a coordinated approach to preventing problematic substance use among youth.”

- Dr Theresa Tam, Chief Public Health Officer



Public Health Agency of Canada Call to Action



Iceland's Model Highlighted as a Best Practice

“We learned through the studies that we need to create circumstances in which kids can lead healthy lives, and they do not need to use substances, because life is fun, and they have plenty to do—and they are supported by parents who will spend time with them.”

- Professor Inga Dóra Sigfúsdóttir, Founding Director Icelandic Centre for Social Research and Analysis (ICSRA) Reykjavik University, and Research

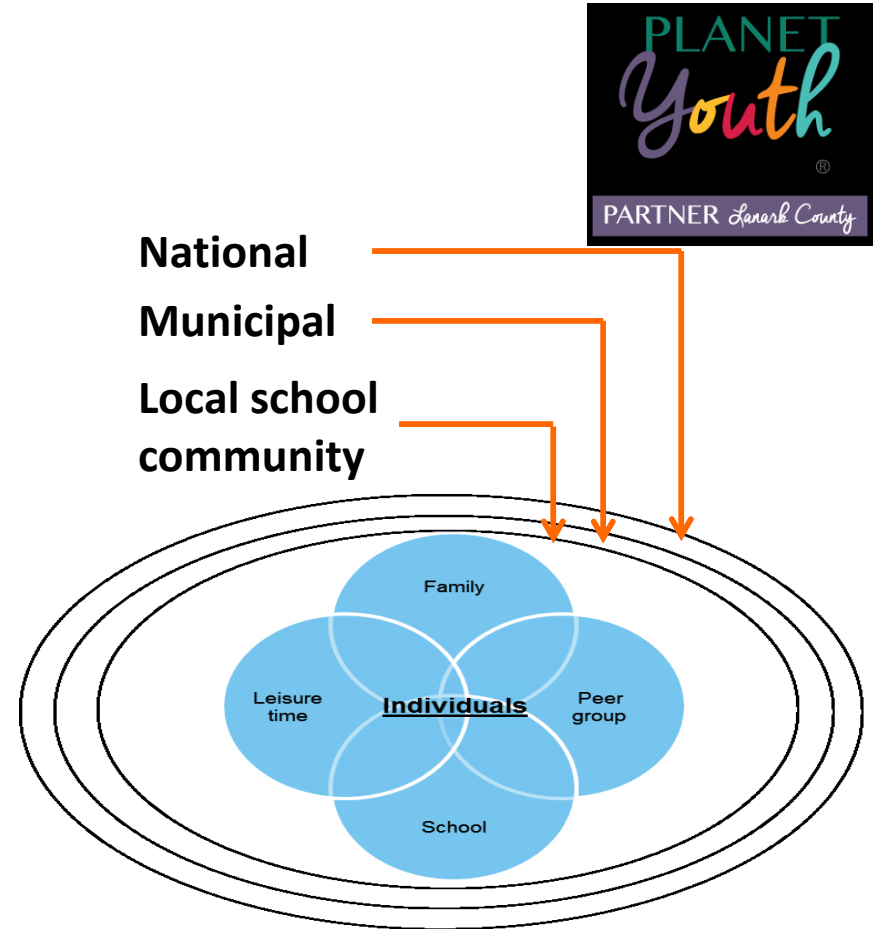




Adolescents are social products

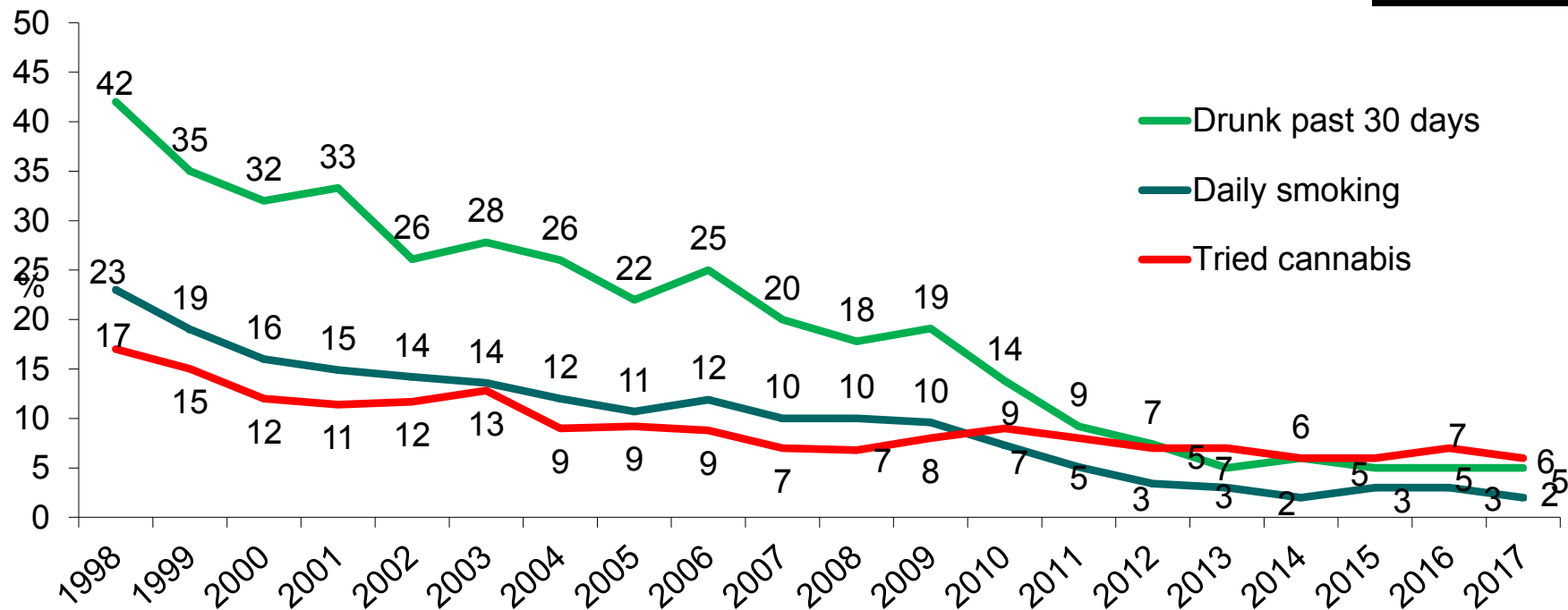
Behavior change is notoriously difficult to accomplish

High probability of success changing the social context





Icelandic Grade 10 Youth Reported Experience 1998 - 2017



Evidence-based practice

- Based on surveys of grade 10 students
- Survey design/analysis developed over 20+ years
- Community specific reports available in 8 weeks

Community-based reflection and decision making

- Each community and school receives a custom report describing local risk and protective factors
- Community decides on how it will respond
- Experts available to support community decision making
- Recurring survey/reports provide a “dashboard”



Planet Youth Lanark County

A Community Led Initiative



- Steering Committee is community led and strongly supported by
 - School Boards:
 - Catholic District School Board of Eastern Ontario
 - Upper Canada District School Board
 - Leeds, Grenville & Lanark District Health Unit
 - Open Doors for Lanark Children & Youth - mental health service provider
 - United Way East Ontario - meeting space, fund raising, administrative support
 - Youth focussed organizations such as Big Brothers Big Sisters/Youth Centres
 - Lanark County Municipal Drug Strategy Steering Committee
 - Police service boards



Status



- First community in Canada to embrace Planet Youth methodology
- Five-year service agreement signed with Icelandic Centre for Social Research and Analysis (ICSRA)
- Research engagement with Public Health Agency of Canada to adopt to Canadian context
- Collaborating with school boards to acquire grade 10 youth data
 - Upper Canada District School Board School
 - Catholic District School Board of Eastern Ontario



Growing up in the west

County Report: Roscommon



www.planetyouth.ie

www.planetyouth.org





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Want to Learn more?

<https://planetyouthlanark.ca>

<https://planetyouth.org>

Implementation Workshop January 2020

Thank you for you attention