

# Carleton Place



## **The Corporation of the Town of Carleton Place**

### **Drug Strategy Committee Meeting**

#### **75<sup>th</sup> Meeting**

**Oct 10, 2019**

#### **Minutes**

1. Call to Order – Welcome at 7:00PM
  - a. David Somppi - Chair
2. Welcome Continuing Members and Guest (s)
  - a. Attendees: Brenda MacDonald Rowe, Nicole Pearson, Steve Stressman, Sean Redmond, David Somppi, Rosemary Jones
  - b. Regrets: Brian Turner, P/C Joe Tereschuk, Glenn Pierce, Kevin Clouthier
  - c. Guest: Danielle Shewfelt, LG&L Health Unit

3. Declaration of Conflict of Interest : None Declared

4. Approval of Meeting Minutes – Apr 11, 2019

Moved: Brenda Second: Sean Motion carried

Business arising from April 11 Minutes

Nicole reported that (as actioned in the Apr 11 minutes) the existing MDS website was being decommissioned. In the short term the domain [www.cpdrugstrategy.ca](http://www.cpdrugstrategy.ca) was being utilized for “Run for Your Life” operations. The domain name will be retired once the 2019 run’s operations are complete. In the meantime, legacy content related to the CP MDS are being removed from the website.

David confirmed that the Town’s official website is available, on a go forward basis, to host MDS content

5. Additions to Agenda: none

**6. SUB-COMMITTEE Update- The Brett Pearson Run for Your Life – Nicole (Chair)**

- a. Nicole provided a fulsome report on the 9<sup>th</sup> annual run. In spite of the rain, the committee was pleased with the level of participation and thankful for the level of participation. Her report is included as Appendix A.

**7. Nicole Pearson and Steve Streelman left the meeting at 7:57**

**8. Planet Youth Lanark County – (prevention pillar)**

**a) Status Update**

David reported that the PYLC project was moving ahead with the plan to conduct surveys of grade 10 students in Feb 2020. Each municipality in Lanark County and the Town of Smiths Falls is being asked to participate by receiving and responding to findings in its report. Reports will be available in the spring of 2020.

**b) CP MDS Role Planet Youth Lanark County roll out**

The CP MDS committee will receive the Carleton Place specific PYLC report and be responsible for sharing results with the broader community.

A workshop will be conducted in January to assist all communities in planning their work.

**9. Other agenda items**

- a. Not all committee members have been able to regularly attend meetings. The chair was asked to reach out to members and determine if they will be able to attend future meetings.

**10. ADJOURNMENT Moved by Sean Redmond that the meeting adjourns at 8:20.**

## **Appendix A : Report on 209 Brett Pearson Run presented at CP MDS Meeting – October 10, 2019)**

### **The 9<sup>th</sup> annual Brett Pearson Run for Your Life**

- 1<sup>st</sup> time we had rain for the event in 9 years – it still attracted a good crowd
  - Carleton Place, Smiths Falls, Perth, Lanark, Greely, Ottawa, Orleans, Kanata, Aylmer, Toronto, Peterborough, Almonte
- Celebrated Carleton Place 200<sup>th</sup> anniversary – Joanne Henderson display booth handing out 200<sup>th</sup> anni. Water bottles
- Speeches were delivered by:
  - Matt Skube (wanted to come back this year as he was touched by the event in 2018) – mentioned the Ottawa police officer that died by suicide the night before in the Ottawa Station and of Matt's own extended family that struggled with mental illness
  - Orlando Da Silva, Senior Crown Counsel, former President of the Bar Association, Ontario Ministry of the Attorney General for the most serious frauds occurring in Canada- his speech had to be the most impactful, courageous, frank story in the 9 years since we have had the event. He spoke so eloquently about his own struggles with depression and his suicide attempt 4 years ago.
- Parade of Life – New this year Almonte Legion Pipe Band (25 members)
  - Highland Dancers – Rosemary Breman School of Dance carrying the street banner
  - Due to the rain, Classical cars and motorcycles cancelled but said that they will be back next year
  - Returned – PTSD service dogs Evolution K9
  - Followed by ceremony at Cenotaph laying of wreaths for families, and First Responders, Military
- 5k walk/run – a good # of participants
  - New this year – Scavenger hunt – bright coloured tags along the trail in exchange for a prize
  - Several Girls hockey teams
    - Cyclones - age 11-12
    - CPC Cyclone Bantam A - age 13-14
    - Midget C Cyclone - age 15,16,17
  - CP Canadians Hockey Team – on trail cheering on the participants

- Many student volunteers (CPHS and NDHS- met with the students at CPHS) sign volunteer sheets
- Ski Patrols – First-Aid- Patient forms (confidential info)
- Disclaimer forms – on site registration (question re: student volunteers/volunteers)
- Donated extra fruit – Hunger stop food bank in CP
- Display Booths : 10 booths
  - New this year: Creative Wellness form Smiths Falls and CornerStone Landing Youth Services (project Algonquin College – mobile homes homeless)
- Proceeds:
 

CornerStone Landing Youth Services – help them with their efforts to stop youth homelessness
- Donation: \$200 Almonte Pipe Band
- Food: Beckwith Butcher
- Entertainment: Emily Burgess and Band – Tshirt
- Town Square: Umbrellas of Hope
  - Positive feedback from Chambers of Commerce (to donate umbrellas to Chambers for public to use)
- Business window decorating competition: expanded this year over the bridge on Bridge street and The Mews ( theme: umbrellas)
  - 1<sup>st</sup> place Carousel (sign we are all under one umbrella)
  - 2<sup>nd</sup> IDA Pharmacy
  - 3<sup>rd</sup> Wisteria
- Networking: many stories were shared (debrief is scheduled next week for our planning committee)
  - One that stands out Dave Smith Youth Treatment Centre (one participant inspired)
- PHAC and HC: rendition Brett Pearson Run – Run/walk for Youth Suicide Prevention October 31, 2019 (Colonnade and Carling ave.) President and Public Health Officer Dr. Teresa Tam
- Charitable status: still waiting – paperwork was submitted (late Spring 2019)
- Thank you:
  - CP MDS

- OPP
- Sean – opening remarks
- Brian T.- article EMC
- Glenn – CPMDS display booth