



Parkinson Canada

Parkinson Canada Ottawa and Eastern Ontario 200 Colonnade Rd., Ottawa K2E 7K3 www.parkinson.ca

March 11, 2020

Mayor Doug Black
Members of Council
Town of Carleton Place
175 Bridge St.,
Carleton Place, Ontario
K7C2V8

Dear Mayor Black and Members of Council,

April is internationally recognized as Parkinson's Awareness Month. I am writing to ask the Town of Carleton Place to become one of the many communities across Canada to issue a proclamation declaring April 2020, Parkinson's Awareness Month. This would assist us with one of our major goals - to increase public awareness of this devastating neurological disorder.

Parkinson's Disease (PD) is the fastest growing degenerative neurological disorder in the world. It is an unforgiving disease, causing tremors, rigidity, instability, speech difficulties and in many cases, depression, anxiety and dementia. Contrary to popular belief, although the average age of onset is 60, PD is not exclusively found in the senior population. It can affect individuals of all ages and genders; men are slightly more likely to have Parkinson's. Lanark Leeds and Grenville also has the highest percentage of seniors in Ontario and pesticides use, well water and exposure to chemicals have all been associated with an increased incidence of Parkinson's.

It is estimated that there are approximately 40,000 people in Ontario, 100,000 in Canada and 4 million around the world living with PD. Those numbers are expected to almost double by 2031.

I have included a sample proclamation and I thank you in advance for your consideration of this request.

Sincerely,

Pat Evans
Person With Parkinson's
Advocate- Lanark North Leeds
(613) 272-3383